

I Climbed Up The Appletree Activities

Hand motions: Follow the motions in the video. Phrase 1: climb arms upward. Phrase 2. Make fists and bump onto head, Phrase 3. Scoop right hand to mouth then left hand to mouth. Phrase 4. Wave pointer finger

Fast/Slow: Practice saying the rhyme quickly to get away from a bear chasing you, or slowly to creep by a sleeping bear.

Instruments: Can you find something to tap at home that might work like a drum? You can use a plastic jar with beads in it to tap the beat and hear to shake. You can make your own drum with packing tape and a coffee can or metal bucket.

Steady Beat: Say and move your arms to the steady beat. Tap your body or your child's body. Try lap, shoulders, bottom of feet, back, belly, etc.

Improvisation: Substitute other fruits or vegetables for apple.

Loud/Soft: Practice saying with a quiet voice so you don't wake the sleeping bear, or with a loud voice so you can warn your mom that there is a bear coming.

High/Low: Practice saying with a high spoken voice or a low spoken voice. The butterfly voice is usually the high sound and the frog voice is the low sound. Create another story how you climbed to tree to the very very top and started telling the butterfly high in the sky about your climbing for the day. Then you fell out of the tree and landed in the pond by the tree with a big splash. You were okay, but the frog nearby wanted to know what you did.