

## Climb Up The Ladder Activities

**Sensory:** Walk fingers up one arm. Stop at the top of the head, and slide fingers down other arm. Variation: starting on legs, belly, back.

**Locations:** Try saying this outside on a playground, in your back yard by the slide, on the way to the slide, inside talking about going to a playground, etc.

**Crafts:** Try building your own slide using this [origami craft](#) or [popsicle stick craft](#). (The popsicle stick craft is more involved, but great for older siblings and crafty parents.) After you build it, take a toy down the slide while saying the rhyme.

**Improvisation:** Substitute slide for other playground activities. "Climb up the ladder, hurry to the pole, grab the pole and down you slide."  
"Climb up the ladder, hurry to the swing, sit on the seat, and away your swing."

**Imagination:** Tell a creative story about a friend climbing up the ladder. Say it inside with a toy. "Rapunzel is trapped in the tower, but her friend says this rhyme and helps her slide out the window to safety."